



**LONDON
SPEECH
THERAPY**
Psychology & Allied Services

SPOT A STROKE:

B	E	F	A	S	T
BALANCE	EYES	FACE	ARM	SPEECH	TIME
					
Does the person have a sudden loss of balance or coordination?	Is your loved one experiencing double vision or are they unable to see out of one eye?	Is one side of their face drooping? Ask the person to smile.	Does one arm drift downward? Have the person raise both arms in the air.	Are they slurring their speech or having difficulty getting the words out right? Have the person repeat a simple phrase.	TIME TO ACT! If your loved one shows any of these symptoms, even if the symptoms go away, call 911 and get that person to the hospital immediately.